

Garfield/Nova Teen Health Center Summer Resource List

Odessa Brown Children's Clinic

Our Teen Health Center nurse practitioners – Amy Andersen and Oriana Souers-Dilley work at this location on Mondays and Thursdays.

State that you are a Garfield / Nova HS student calling for a confidential appointment or immunization appointment- no drop in appointments are available

2101 East Yesler Way

Seattle, WA 98122

(206) 987-7210 Option 1 for medical appointment

If you just have questions for the Teen Health Care Staff please call 206-987-7770 and leave a message and one of the providers will call you back

Public Health Teen clinics: A safe, friendly, confidential place for teens to get the help they need and learn the facts)

- **Teen clinic services: free condoms, birth control methods , STD and HIV tests, Plan B (morning after pill), pregnancy tests, information about sexual health**

All services at Public Health Teen Clinics are free or low cost. Guys and girls up to their 21st birthday are welcome at Teen Clinics. We welcome straight, gay, lesbian, bi, trans, queer, and questioning teens. We do not judge you based on who you have sex with.

Teen clinic locations

When you arrive: All clinics make appointments for teens. Each clinic has different rules for walk in or appointment only at this time- see below and call to confirm

Auburn Public Health Center

[901 Auburn Way N](#)

(Entrance is on 9th St. NE)

Auburn, WA 98002

206-477-0600

Hours: Tuesday, 1:30 pm - 5:00 pm. Appointments only

Eastgate Public Health Center

[14350 SE Eastgate Way](#)

Bellevue, WA 98007

Phone: 206-477-8000

Hours: Wednesday, 1:00 pm - 5:30 pm. No appointment needed- walk ins only

Federal Way Public Health Center

[33431 13th Place S.](#)

Federal Way, WA 98003

Phone: 206-477-6800

Hours: Wednesday, 1:00 pm - 5:00 pm.

Kent Public Health Center

[25742 104th Ave. SE](#)

Kent, WA 98030
Phone: 206-477-6950
Hours: 1st and 3rd Wednesdays, 1:00 pm to 4:00 pm.

Planned Parenthood- multiple locations *1-800-230-PLAN*

Cedar River Clinics- Renton and Tacoma locations *1-800-572-4223*. Seattle location closed at this time

Public Health-Seattle & King County STD Clinic @ Harborview Medical Center- *206-744-3590 (for Teens ask for Susannah Herrmann, ARNP or Laura Rishel, ARNP)*

LGBTQ Resources

Gay, Lesbian, Bisexual, and Transgender National Hotline: 1-800-843-4564

Gay Teen Resources: www.gayteenresources.org

Trans Resource Guide (King County): www.kctransguide.org

Trans Lifeline: 1-877-565-8860

TREVOR Crisis Hotline (for LGBTQ+ youth): 1-866-488-7386

Seattle Children's Gender Clinic: 206-987-8154; www.seattlechildrens.org/clinics-programs/gender-clinic/

Mental Health Resources

Youth Care – Safe Place- *1-800-422-TEEN*

Crisis Center Number - *206-461-3222*

Crisis Support (TEXT ONLY)- 741741 (text "START")

Family Violence Helpline- 1-800-996-6228

Harborview Medical Center for Sexual Assault- *206-744-1600*

King County Crisis Hotline- 1-866-427-4747

Lifeline Crisis Chat (online live messaging)- contact-usa.org/chat

National Council on Alcoholism & Drug Dependency Hope Line- 1-800-622-2255

National Crisis Line for Anorexia and Bulimia- 1-800-233-4357

National Domestic Violence Hotline- 1-800-799-7233

Recovery Help Line – *1-866-789-1511*

Teen Link- *206-461-4922*

Teen Link Chat- www.866TeenLink.org

Suicide Prevention- *1-800-273-8255*

Is my visit confidential?

In Washington state, birth control, STD testing/treatment, pregnancy testing and mental health are confidential. This means that you do not need written permission from your parent or guardian to get services like birth control or pregnancy tests. It also means we will not tell anyone about your visit unless you ask us to. We always encourage teens to talk with a parent or trusted adult about their care with us. However, it is ultimately the teen's decision who to involve.

¿Es mi visita confidencial?

En el estado de Washington, todos los servicios de cuidado de salud que se ofrecen en las clínicas de planificación familiar son confidenciales. Esto significa que usted no necesita un permiso escrito de sus padres o tutores para recibir servicios tales como métodos anticonceptivos, exámenes anuales, pruebas de enfermedades transmitidas sexualmente y pruebas de embarazo. También significa que no le brindaremos información a nadie sobre su visita a menos que usted nos pida hacerlo. Siempre les pedimos a los adolescentes que hablen con su padre/madre o con una persona adulta de confianza acerca de su cuidado con nosotros. Sin embargo, es finalmente el adolescente quien decide a que persona desea involucrar.